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To  
All District Education Officers

**Sub:- Operational guidelines of WIFS and IFSO for school going children**

Madam/Sir,

To combat nutritional anaemia, Health and Family Welfare Department has rolled out **Weekly Iron Folic Acid Supplementation (WIFS) and Iron Folic Acid Supplementation under Observation (IFSO)** for school going children in convergence with Mid-Day Meal programme, under which, all students will be supplemented with IFA and Albendazole tablets as per the recommended doses i.e.

- i. IFSO (Class 1 to 5): One (Small IFA) tablet per day for 100 days in a year.
- ii. WIFS (Class 6 to 10): Weekly one (Large IFA) tablet for 52 weeks per year.
- iii. De-worming (Class 1 to 10): One tablet as single dose bi-annually.

IFA and Albendazole tablets will be supplied to all students (both boys and girls) of all Govt. and Govt. aided schools, NCLP schools and the Madrasa/Maqtab throughout the state. In this connection, following steps may be taken for smooth running of the program.

1. CRCCs are requested to collate the annual indent of IFA tablets from school point and submit the same to concerned Block Education Officer for timely procurement. After receiving the stock, they have to maintain the stock ledger and distribute IFA tablets to school points as per their annual indent.
2. IFA tablets will be administrated after Mid-Day Meal under the supervision of class teacher of each class up to 10<sup>th</sup> standard.
3. Block Education Officers at block level are requested to collect the indent and consumption data from CRCC and send upward to District Education Officer and District Education Officer in turn to State Nodal Officer (MDM). However Block Education Officers can share the data with CHC Medical Officer and District Education Officer with CDMO.
4. Timely reporting will help in smooth running of School Health Programme.
5. The training program of CRCC and teachers may be completed as per the instruction and schedule sent by OPEPA.

Yours faithfully,

State Nodal Officer (MDM)  
Ex-Officio Joint Secretary to Govt.